



Tips for parents affected by ASD

If you have a son or daughter living with ASD there is a lot you can do to support your child.

- Look for ASD friendly doctors, dentists, and hairdressers.
- Find fun activities you can do together and do them together.
- Learn if your insurance plan has coverage for ASD and related services.
- Set up a schedule for ASD related doctor visits on a regular basis.

Health Advocate can help

If you have a child with ASD or you are a child with ASD, a Personal Health Advocate can help:

- Find the right doctor and specialists.
- Get a schedule of appointments.
- Research the best care, child-friendly facilities, and services and medical assistance programs.
- Locate resources for financial, educational and