



Tips for parents affected by ASD

If you have a son or daughter living with ASD there is a lot you can do to support your child.

Look for ASD friendly doctors, dentists, and hairdressers.

Find fun activities you can do together and do them together.

Learn if your insurance plan has coverage for ASD and related services.

Set a routine for ASD related activities and regular checkups.

Health Advocate can help

If you have a child with ASD or you are a parent of a child with ASD, a Personal Health Advocate can help:

Find the right doctor and specialists.

and schedule appointments.